

Kenneth W. Jenkins County Executive

WHEREAS, a vacancy exists in the membership of the Westchester County Community Services Board:

NOW, THEREFORE, I, Kenneth W. Jenkins, County Executive of Westchester County, in accordance with the terms and provisions of the Westchester County Charter, appoint Dr. John C. Douglas, 42 Riverbank Court, New Canaan, Connecticut as a member of the Westchester County Community Services Board, for the term June 6, 2025 to December 31, 2028.

Given under my hand and seal this 6<sup>th</sup> day of June, 2025.

Kenneth W. Jenkins County Executive

Office of the County Executive



Kenneth W. Jenkins County Executive

June 6, 2025

Dr. John Douglas, MD, MBA, MS 42 Riverbank Court New Canaan, CT 06840

Dear Dr. Douglas,

It is my pleasure to appoint you to serve as a member of the Westchester County Community Service Board, effective today, Friday, June 6, 2025. This appointment is for a term to expire on December 31, 2028.

Your appointment is subject to confirmation by the Westchester County Board of Legislators, but your service begins immediately. You must complete the attached Oath of Office within 30 days, by appearing at the County Clerk's office or mailing the signed and notarized form to our office.

When you have filed your Oath of Office, a Resolution to confirm your appointment will be submitted to the County Board of Legislators. As part of the confirmation process, you may be called before the Board to be interviewed. Please contact the Department of Community Mental Health at (914) 995-5244 for the date, place, and time of the upcoming meeting for your participation.

According to Local Law, as a member of a Westchester County Board and/or Commission, you are responsible for adhering to the requirements of our Code of Ethics.

Warmest wishes for a successful tenure.

Very Truly Yours,

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Kenneth W. Jenkins Westchester County Executive

KWJ/ts

cc: Honorable Board of Legislators Joan McDonald, Director of Operations Michael Orth, Commissioner, Dept. of Community Mental Health

# John C. Douglas, MD, MBA, MS

# Education & Medical Training

New York University School of Medicine, Addiction Psychiatry Fellowship, Diploma awarded, 07/2013-06/2014 Emory University School of Medicine, General Psychiatry Residency, Diploma awarded, 07/2010-06/2013 University of California, San Diego, Rady School of Management, MBA awarded, 09/2007-06/2009 Loma Linda University Medical Center, Pediatric Internship, Diploma awarded, 07/2006-06/2007 Georgetown University School of Medicine, MD awarded, 08/2002-05/2006 Georgetown University Graduate School, MS awarded, Physiology & Biophysics, 08/2000-07/2001 University of California, Los Angeles, BS awarded, Microbiology & Molecular Genetics, 01/1996-06/2000

# Licenses & Certifications

Board Certified, Addiction Medicine, American Board of Preventative Medicine, 01/01/2019-12/31/2029 Board Certified, Addiction Psychiatry, American Board of Psychiatry & Neurology, 09/29/2014-12/31/2024 Board Certified, Psychiatry, American Board of Psychiatry & Neurology, 09/23/2013-12/31/2024 Physician License, Connecticut Department of Public Health, 06/18/2014-08/31/2025 Physician License, The University of the State of New York Education Department, 03/14/2013-07/31/2026 Physician License, Georgia Composite Medical Board, 08/01/2010-08/31/2025 Physician License, Medical Board of California, 08/01/2007-08/31/2025 Controlled Substance Registration, Connecticut Department of Consumer Protection, 06/19/2014-02/28/2025 Controlled Substance Registration Certificate, US Drug Enforcement Administration, 12/19/2007-06/20/2025 Basic Life Support Healthcare Provider Certificate, 10/21/2003-10/31/2026

# Work Experience

#### St. Vincent's Hospital Westchester, Division of St. Joseph's Medical Center, Chief of Outpatient Services, Harrison NY, 09/2024-Present

- Oversee all outpatient mental health and addiction treatment services for St. Vincent's Hospital, including Crisis
  Prevention and Response Team, Intensive Crisis Residence, multiple Partial Hospitalization Programs, multiple Intensive
  Outpatient Programs, Personalized Recovery Oriented Services, Outpatient Addiction and Mental Health Clinic Services
- Psychiatry residency training program faculty member
- Member of Executive Leadership Team
- Manage and maintain survey readiness for OMH, OASAS, and Joint Commission
- Provide education for staff development
- Provide direct psychiatric and addiction treatment for patients
- · Consult on complex patients throughout the hospital system related to mental health and addiction treatment

## Westchester Jewish Community Services, Medical Director, Westchester, NY, 04/2019-08/2024

- Supervised and managed all medical staff, including psychiatrists, nurse practitioners, and licensed practical nurses for the largest community outpatient provider of mental health services in Westchester County, NY
- · Recruited, hired, and trained all new psychiatric and nursing staff
- Lead Safety Committee overseeing safety procedures for all of WICS
- · Participated in Quality Improvement, Incident Review, and Utilization Review committees
- · Provided direct psychiatric and addiction treatment for patients
- Consulted on complex patients throughout WJCS
- Provided education for staff development
- · Coordinated and presented multisite lectures to enhance proficiency in mental health and addiction treatment

- Wrote, presented, and secured \$300,000 in grant funding for Substance Use Disorder Intensive Outpatient Program with ambulatory detoxification and induction onto Medication Assisted Treatment, such as Suboxone and Vivitrol, from UJA Federation of New York, February 2022
- Wrote, presented, and secured \$125,000 in grant funding for Licensed Practical Nurse Integrated Care Program, from Phelps Healthcare Foundation, February 2021
- Raised \$100,000 from private donor to update medical equipment and recruit psychiatric staff, November 2019

# Silver Hill Hospital, Service Chief, Outpatient Addiction Program, New Canaan, CT, 08/2014-03/2019

- Developed, launched, and managed six-week intensive outpatient program to treat people struggling with addiction and any comorbid mental health problems
- · Completed initial psychiatric evaluations and formulated treatment plans
- · Provided weekly psychotherapy and medication management, including with Suboxone and Vivitrol
- · Managed outpatient detoxification from opioids and other substances when safe and necessary
- Supervised daily operations and all support staff, including nurses, social workers, and office managers
- Oversaw all marketing and development of new patient referral sources
- · Provided community education on addiction and mental health through TV, radio, and newspaper interviews
- · Gave clinical presentations for local organizations and major national conferences

## Grady Memorial Hospital, Moonlighting Psychiatrist, Atlanta, GA, 05/2011-06/2012

• Independent psychiatrist evaluating and treating patients in need of emergency psychiatric care

#### Emory Cares 4 U, Advisory Board Member, Atlanta, GA, 10/2011-06/2013

- · Advisor in creating suicide prevention plan for Emory University students
- Instructor for Emory University faculty and students to identify and refer suicidal people

#### Life Science & Medical Business Consultant, San Diego, CA, 04/2008-06/2010

- Developed strategy for psychiatrists from Vista Hill Foundation to provide telepsychiatry services
- · Identified pharmaceuticals with high growth potential to license or acquire for Cypress Bioscience, Inc.
- · Revised business plan for Immunovative Therapies, Ltd. to develop and commercialize immunotherapy for cancer

#### Burrill & Company, Venture Group, Summer Associate, San Francisco, CA, 06/2008-08/2008

Evaluated venture capital investment opportunities to develop and commercialize new life science technologies

## The Scripps Research Institute, Patent Lawyer Legal Assistant, San Diego, CA, 05/2002-08/2002

· Performed legal research to support health science related patents

# Leadership & Teaching Experience

## Silver Hill Hospital, Quality Improvement Activities, 11/2017-03/2019

- · Managed team of psychiatrists in developing solutions to hospital systems problems which affect medical staff
- · Led implementation of hospital wide system to provide Narcan to patients with opioid use disorder
- · Member of Admissions Task Force to optimize patient scheduling and flow
- · Member of Collaborative Care Task Force to improve communication and teamwork among staff

#### Emory University School of Medicine, Department of Psychiatry, Chief Resident, 07/2012-06/2013

- Optimized and managed flow of admissions and discharges at Grady Memorial Hospital for two inpatient psychiatric units with total of 31 beds. Grady is the main public hospital for Atlanta, GA and the largest hospital in the state.
- · Successfully negotiated with social work leadership to provide hospital-wide support for the psychiatry consult service
- · Developed and launched Community Psychiatry Rotation for all first-year psychiatry residents
- · Launched moonlighting program for internal medicine residents to complete physical exams on psychiatric patients
- · Led training of first year resident psychiatrists in motivational interviewing
- Managed orientation, scheduling, and teaching for all residents and medical students

# Emory University School of Medicine, President, House Staff Organization, 08/2011-06/2013

- Represented and advocated for needs of over 1,200 residents and fellows in 91 different programs
- · Worked with Graduate Medical Education Office to amicably secure 6% salary increase for all residents and fellows
- Established annual award for residents and fellows who excel in professionalism collaborating across specialties
- Successfully implemented videoconferencing of monthly meetings at multiple hospital sites
- · Led and coordinated monthly organizational meetings, social events, and volunteer activities

# Emory University Department of Psychiatry, Residency Admissions Committee Member, 10/2012-03/2013

· Evaluated, interviewed, and participated in ranking applicants for General Psychiatry Residency Program

# Emory University Department of Psychiatry, Graduate Medical Education Representative, 07/2011-06/2012

· Represented and advocated for needs of all psychiatry residents and fellows to Graduate Medical Education Office

# Rider University Department of Graduate Education, Guest Lecturer, 05/2010-03/2011

· Taught annual lectures on telepsychiatry and online models for psychotherapy to counseling graduate students

# UCSD School of Management, Teaching Assistant, Opportunity & Business Model Analysis, 03/2009-06/2009

· Taught MBA students how to evaluate business opportunities and write business plans

# UCSD School of Management, Life Science & Technology Group, Vice President of Finance, 03/2008-03/2009

- Organized and managed fund raising for speaking events with biotech and high-tech business leaders
- · Advised faculty research scientists in working with technology transfer offices to commercialize their inventions

# Georgetown University School of Medicine, Teaching Assistant, Medical Neuroscience Course, 03/2003-06/2003

• Led lab workshops with human cadaver brains to teach medical students neuroanatomy and neuroscience

# Georgetown University School of Medicine, Class of 2006 Vice President, 08/2002-06/2003

· Represented and advocated for needs of my medical school class, organized fund raising, and coordinated social events

# **Publications & Presentations**

# Substance Use & Co-occurring Disorders Training Series: What Clinicians Need to Know

• Lead monthly virtual training series for psychiatrists, nurse practitioners, psychologists, and social workers on treating individual substance use and co-occurring disorders, Sponsored by The Westchester County Department of Community Mental Health and WJCS, 03/2024-07/2024

# Designer Drugs of Abuse: History, Clinical Assessment, and Psychiatric Management

• Lecture presented, American Psychiatric Association Institute on Psychiatric Services, 10/2019

## Behavioral Addictions and their Treatments Today

Workshop presented, American Psychiatric Association Annual Meeting, 05/2017

## Motivational Interviewing

· Book chapter, Pocket Guide to Addiction Assessment and Treatment. American Psychiatric Association; 2016:285-296.

## Marijuana: What Clinicians Need to Know

- Lecture presented, Cape Cod Symposium on Addictive Disorders, 09/2016
- Lecture presented, West Coast Symposium on Addictive Disorders, 06/2016
- Lecture presented, American Psychiatric Association Annual Meeting, 05/2016
- Lecture presented, American Psychiatric Association Institute on Psychiatric Services, 10/2015

## **Emerging Drugs of Abuse**

- Lecture presented, West Coast Symposium on Addictive Disorders, 05/2015
- Lecture presented, American Psychiatric Association Institute on Psychiatric Services, 10/2014

- Lecture presented, National Conference on Addiction Disorders, 08/2014
- Article published, AAAP News: The Official Newsletter of the American Academy of Addiction Psychiatry. 2013;24(1).
- Workshop presented, American Academy of Addiction Psychiatry 24th Annual Symposium, 12/2013

# Results Utilizing Motivational Enhancement Therapy to Connect Patients with Psychiatric Services

Poster presented, American Academy of Addiction Psychiatry 24th Annual Symposium, 12/2013

# Pilot Analysis of Incorporating Resume Training into Addiction Treatment

• Abstract published, American Journal on Addictions. July/August 2012;21(4):397.

# Awards

## Fellow, American Psychiatric Association, 05/2018

• Elected honorary distinction for making significant contributions to the field of psychiatry

## Forensic Seminar Scholar Award, Emory University School of Medicine, 06/2013

· Recognized for outstanding participation in completing all didactic seminar training for the Forensic Psychiatry Fellowship

## Recognition of Outstanding Leadership, Emory University School of Medicine, 06/2013

· Honored for leadership achievements as President of all residents and fellows for two consecutive years

#### Resident Travel Scholarship, American Academy of Addiction Psychiatry, 09/2012

• Received scholarship to attend 23rd Annual Meeting & Symposium due to outstanding potential in addiction psychiatry

## Venture Roundtable Business Plan Competition Winner, CONNECT, 04/2009

• As winner of San Diego County-wide business plan competition, wrote and presented to venture capital firms for funding, business plan for EyeCyte, Inc. to develop and commercialize retinal stem cell therapy

#### Entrepreneur Challenge Business Plan Competition Winner, University of California, San Diego, 01/2009

• Secured seed funding as winner of university business plan competition through writing business plan for BodySure, Inc. to develop skin cancer screening device

# **Professional Memberships**

## New York State Office of Addiction Services and Supports (OASAS), Medical Advisory Panel, 05/2022-02/2024

• OASAS oversees one of the nation's largest substance use disorder systems of care with approximately 1,700 prevention, treatment, harm reduction and recovery programs serving over 731,000 individuals per year

## In-Home Addiction Treatment Institute, Inc., Board of Directors, 10/2022-07/2023

American Academy of Addiction Psychiatry, 09/2012-Present

American Psychiatric Association, 09/2010-Present

## Personal Information

Hobbies: electric bicycle riding, making family videos with iMovie, science fiction and fantasy movies

Additional Language Skills: Spanish - basic conversational

COUNTY OF WESTCHESTER OATH OF OFFICE For Appointees to County Boards and Commissions	
STATE OF NEW YORK ) ) ss.: COUNTY OF WESTCHESTER )	
(Print or Type Name)	affirm) that I will support
he constitution of the United States, and the constitution of the State of N discharge the duties of the office of <u>Community Service</u> Board (Print or Type Board Name)	ew York, and that I will faithfu _ in and for the
County of Westchester, according to the best of my ability. Date: 6/16/2025 Archive Archive (Signa	uglas
Sworn to and subscribed before me this <u>16 day of fune</u> <u>2026</u> . <u>Acencies</u> June (Signature)	
(Signature) Francescy Tyrrell (Print or Type Name)	HANCESCA TYRRELL Notary Public, State of New York
(Title of Official Administering Oath)	No. 01TY4936902 Qualified in Westchester County, Commission Expires August 15, 20
Mail <b>original</b> Oath of Office to Office to Andrew Ferris, Office of the County E 016D, White Plains, NY 10601 for filing <u>within thirty (30) days</u> of the commer 10tice of appointment.	