

Health Sub-Committee

BOL Meeting Minutes - Published Draft



Sub-Committee Chair:
Legislator Jewel Williams Johnson

800 Michaelian Office Bldg.
148 Martine Avenue, 8th Floor
White Plains, NY 10601
www.westchesterlegislators.com

Wednesday, July 23, 2025

10:00 AM

Committee Room

CALL TO ORDER

Please note: Meetings of the Board of Legislators and its committees are held at the Michaelian Office Building, 148 Martine Avenue, White Plains, New York, 10601, and remotely via the WebEx video conferencing system. Legislators may participate in person or via Webex. Members of the public may attend meetings in person at any of its locations, or view it online on the Westchester County Legislature's website: <https://westchestercountyny.legistar.com/>. This website also provides links to materials for all matters to be discussed at a given meeting. *With a quorum present, Chair Williams Johnson called the meeting to order at 10:10 AM.*

Others in Attendance: GUESTS: Dr. Virend Somers (remote); BOL: Legislator Nancy Barr, Legislator Shanae Williams (remote) and Dayana Gómez-Holguín

Present: Legislator Williams Johnson

MINUTES APPROVAL

I. ITEMS FOR DISCUSSION

Sleep and cardiometabolic health

Guest:

Virend Somers, M.D., Ph.D.

Cardiologist Specializing in Sleep Disorders

Mayo Clinic's Center for Clinical and Translational Science

II. OTHER BUSINESS

III. RECEIVE & FILE

ADJOURNMENT

This meeting was adjourned at 11:15am.